

TACs 2024/2025

PISCINA DE 50 METROS

SENIORES MASCULINOS

	50L	100L	200L	400L	50C	100C	200C	50M	100M	200M
S1	02:13,70	04:42,80	10:07,63		02:09,60	05:02,26		03:19,29		
S2	01:51,62	03:46,11	07:42,71		01:49,77	03:46,65		03:05,29		
S3	01:42,66	03:41,69	07:26,26		01:41,40			02:51,29		
S4	01:07,62	02:26,76	05:20,74		01:12,27			01:31,85		
S5	00:57,34	02:00,55	04:06,69		01:04,02			01:01,00		
S6	00:45,35	01:37,82		07:22,01		01:51,85		00:50,82		
S7	00:47,28	01:42,37		07:11,86		02:00,61		00:51,32		
S8	00:38,57	01:27,53		06:24,45		01:39,43			01:30,02	
S9	00:36,72	01:20,37		06:06,72		01:33,60			01:33,28	
S10	00:37,10	01:19,72		06:07,54		01:29,25			01:28,93	
S11	00:37,87	01:24,27		06:29,55		01:34,57			01:53,75	
S12	00:45,04	01:42,91		09:35,06		02:08,14			00:38,65	
S13	00:38,58	01:23,31		06:19,76		03:37,66			01:30,96	
S14	00:38,22	01:24,62	03:04,51	06:40,75	00:49,31	01:46,05	03:50,59	00:41,76	01:33,95	04:26,56
S15	00:35,42	01:17,43	02:53,22	06:16,38	00:42,43	01:29,04	03:21,08	00:36,81	01:23,38	03:15,03
S16	00:37,66	01:24,67	03:16,27	07:25,91	00:48,96	04:19,59		00:42,35	01:40,77	
S17	00:44,35	01:37,06	03:28,12	07:16,18	00:53,49	01:55,25	04:17,42	00:52,00	01:55,98	04:42,06
S21	00:41,24	01:32,43	03:36,45	07:53,54	00:54,31	02:01,07	04:22,22	00:42,78	01:38,77	04:07,94



	50B	100B	200B
SB1	02:21,32		
SB2	02:07,32		
SB3	01:26,63		
SB4		03:08,03	
SB5		02:21,89	
SB6		03:03,93	
SB7		02:04,82	
SB8		01:51,02	
SB9		01:40,62	
SB10			
SB11		02:03,34	
SB12		02:13,22	
SB13		02:04,22	
SB14	00:56,39	02:02,98	04:37,42
SB15	00:44,41	01:39,61	03:35,94
SB16	00:44,28	01:41,15	
SB17	00:54,01	02:03,34	04:28,42
SB21	00:59,08	02:07,89	04:32,38

	150E	200E
SM1	08:39,51	
SM2	08:25,51	
SM3	08:11,51	
SM4	04:31,26	
SM5		04:34,71
SM6		04:25,71
SM7		04:19,46
SM8		03:19,50
SM9		03:22,99
SM10		03:11,56
SM11		03:45,68
SM12		04:25,29
SM13		03:34,93
SM14		03:54,25
SM15		03:10,75
SM16		03:45,47
SM17		04:03,07
SM21		04:07,94

ESPERANÇAS MASCULINOS

	50L	100L	200L	400L	50C	100C	200C	50M	100M	200M
S1	02:23,25	05:03,00	10:51,03		02:18,85	05:23,85		03:33,53		
S2	01:59,60	04:02,27	08:15,76		01:57,61	04:02,83		03:18,53		
S3	01:49,99	03:57,52	07:58,14		01:48,65			03:03,52		
S4	01:12,45	02:37,24	05:43,65		01:17,43			01:38,41		
S5	01:01,44	02:09,16	04:24,31		01:08,60			01:05,36		
S6	00:48,59	01:44,80		07:53,58		01:59,84		00:54,45		
S7	00:50,66	01:49,68		07:42,71		02:09,22		00:54,99		
S8	00:41,32	01:33,78		06:51,91		01:46,53			01:36,45	
S9	00:39,34	01:26,11		06:32,91		01:40,29			01:39,95	
S10	00:39,75	01:25,41		06:33,79		01:35,62			01:35,28	
S11	00:40,58	01:30,29		06:57,38		01:41,32			02:01,88	
S12	00:48,26	01:50,27		10:16,14		02:17,29			00:48,31	
S13	00:41,34	01:29,26		06:46,89		03:53,21			01:37,45	
S14	00:40,95	01:30,66	03:17,68	07:09,38	00:52,83	01:53,63	04:07,07	00:44,75	01:40,66	04:45,60
S15	00:37,95	01:22,97	03:05,59	06:43,26	00:45,47	01:35,40	03:35,45	00:39,43	01:29,34	03:28,96
S16	00:40,35	01:30,72	03:30,29	07:57,77	00:52,46	04:38,13		00:45,38	01:47,97	
S17	00:47,52	01:43,99	03:42,99	07:47,34	00:57,32	02:03,48	04:35,80	00:55,71	02:04,26	05:02,20
S21	00:44,19	01:39,03	03:51,91	08:27,36	00:58,19	02:09,72	04:40,95	00:45,84	01:45,82	04:25,65



	50B	100B	200B
SB1	02:31,41		
SB2	02:16,41		
SB3	01:32,82		
SB4		03:21,47	
SB5		02:32,03	
SB6		03:17,07	
SB7		02:13,74	
SB8		01:58,95	
SB9		01:47,80	
SB10			
SB11		02:12,15	
SB12		02:22,74	
SB13		02:13,10	
SB14	01:00,42	02:11,76	04:57,24
SB15	00:47,58	01:46,72	03:51,36
SB16	00:47,45	01:48,37	
SB17	00:57,87	02:12,15	04:47,59
SB21	01:03,30	02:17,03	04:51,84

	150E	200E
SM1	09:16,62	
SM2	09:01,62	
SM3	08:46,62	
SM4	04:50,64	
SM5		04:54,33
SM6		04:44,68
SM7		04:37,99
SM8		03:33,75
SM9		03:37,48
SM10		03:25,24
SM11		04:01,80
SM12		04:44,24
SM13		03:50,28
SM14		04:10,98
SM15		03:24,38
SM16		04:01,58
SM17		04:20,43
SM21		04:25,65

SENIORES FEMININOS

	50L	100L	200L	400L	50C	100C	200C	50M	100M	200M
S1	02:27,70	04:56,80	10:21,63		02:23,60	05:16,26		03:33,29		
S2	02:37,09	04:00,11	07:56,71		02:03,77	04:00,65		03:19,29		
S3	01:31,11	03:13,48	07:10,29		01:30,26			03:05,29		
S4	01:21,03	02:42,71	05:46,70		01:27,50			01:45,85		
S5	01:01,84	02:16,22	04:56,65		01:18,93			01:11,92		
S6	01:51,02	03:49,32		16:08,38		03:50,99		01:04,82		
S7	01:34,37	03:15,15		13:42,99		03:39,35		01:05,32		
S8	00:50,96	01:50,59		07:59,86		02:14,06			02:03,83	
S9	00:40,39	01:29,87		06:59,69		01:51,36			01:48,70	
S10	00:46,13	01:38,03		07:26,04		01:55,99			01:46,01	
S11	02:27,10	06:43,62		06:57,55		06:28,23			02:07,75	
S12	00:59,04	01:56,91		09:49,01		03:36,85			02:29,27	
S13	00:59,11	02:10,58		06:33,76		02:42,08			01:44,86	
S14	00:47,05	01:45,43	03:56,59	08:59,14	00:54,38	02:06,34	04:32,44	01:01,73	02:23,98	04:40,56
S15	00:44,04	01:39,74	03:45,26	08:10,29	00:58,73	02:13,32	05:13,26	00:51,07	02:01,32	04:37,66
S16	00:57,58	02:09,67	05:01,50	10:14,18	01:24,60	04:25,19		00:49,35	01:47,77	
S17	00:59,30	02:15,65	05:05,48	15:35,42	01:15,54	02:44,61	05:58,72	01:20,98	02:02,98	04:56,06
S21	01:00,63	02:11,24	04:47,25	09:52,16	01:06,44	02:22,14	05:05,61	01:02,24	02:25,03	05:29,24



	50B	100B	200B
SB1	02:35,32		
SB2	02:21,32		
SB3	01:25,65		
SB4		03:05,33	
SB5		03:15,27	
SB6		03:18,59	
SB7		04:52,18	
SB8		02:00,34	
SB9		01:59,03	
SB10			
SB11		03:01,29	
SB12		02:27,22	
SB13		02:18,22	
SB14	01:01,15	02:16,05	04:57,96
SB15	00:57,04	02:07,32	04:38,18
SB16	01:11,99	02:36,21	
SB17	01:12,45	02:38,47	04:42,42
SB21	01:12,81	02:36,76	05:28,59

	150E	200E
SM1	08:53,51	
SM2	08:39,51	
SM3	08:25,51	
SM4	04:45,26	
SM5		06:12,51
SM6		04:39,71
SM7		04:40,46
SM8		04:39,51
SM9		04:00,07
SM10		03:58,04
SM11		04:05,14
SM12		04:39,29
SM13		03:48,93
SM14		04:34,01
SM15		04:26,59
SM16		03:52,47
SM17		04:17,07
SM21		05:26,28

ESPERANÇAS FEMININOS

	50L	100L	200L	400L	50C	100C	200C	50M	100M	200M
S1	02:38,25	05:18,00	11:06,03		02:33,85	05:38,85		03:48,53		
S2	02:48,31	04:17,27	08:30,76		02:12,62	04:17,83		03:33,53		
S3	01:37,62	03:27,30	07:41,03		01:36,70			03:18,53		
S4	01:26,82	02:54,33	06:11,46		01:33,75			01:53,41		
S5	01:06,26	02:25,95	05:17,84		01:24,57			01:17,05		
S6	01:58,95	04:05,70		17:17,55		04:07,48		01:09,45		
S7	01:41,11	03:29,08		14:41,78		03:55,02		01:09,99		
S8	00:54,60	01:58,48		08:34,14		02:23,64			02:12,67	
S9	00:43,28	01:36,29		07:29,67		01:59,31			01:56,46	
S10	00:49,43	01:45,03		07:57,90		02:04,27			01:53,58	
S11	02:37,60	07:12,45		07:27,37		06:55,96			02:16,88	
S12	01:03,26	02:05,26		10:31,08		02:32,29			02:39,93	
S13	01:03,33	02:19,90		07:01,89		02:53,65			01:52,35	
S14	00:50,42	01:52,96	04:13,48	09:37,65	00:58,26	02:15,36	04:51,90	01:06,14	02:34,26	05:00,60
S15	00:47,19	01:46,86	04:01,35	08:45,32	01:02,93	02:22,85	05:35,64	00:54,72	02:09,99	04:57,49
S16	01:01,70	01:32,62	05:23,04	10:58,05	00:59,96	04:44,13		00:52,88	01:55,47	
S17	01:03,54	02:25,34	05:27,30	16:42,24	01:20,94	02:56,37	06:24,35	01:26,76	02:11,76	05:17,20
S21	01:04,96	02:20,61	05:07,77	10:34,46	01:11,19	02:32,29	05:27,44	01:06,69	02:35,39	05:52,76



	50B	100B	200B
SB1	02:46,41		
SB2	02:31,41		
SB3	01:31,77		
SB4		03:18,57	
SB5		03:29,22	
SB6		03:32,78	
SB7		05:13,05	
SB8		02:08,94	
SB9		02:07,53	
SB10			
SB11		03:14,24	
SB12		02:37,74	
SB13		02:28,09	
SB14	01:05,52	02:25,77	05:19,24
SB15	01:01,11	02:16,41	04:58,05
SB16	01:17,13	02:47,37	
SB17	01:17,63	02:49,78	05:02,59
SB21	01:18,02	02:47,95	05:52,07

	150E	200E
SM1	09:31,62	
SM2	09:16,62	
SM3	09:01,62	
SM4	05:05,64	
SM5		06:39,12
SM6		04:59,68
SM7		05:00,50
SM8		04:59,48
SM9		04:17,22
SM10		04:15,04
SM11		04:22,65
SM12		04:59,23
SM13		04:05,28
SM14		04:53,58
SM15		04:45,63
SM16		04:09,07
SM17		04:35,43
SM21		05:49,59

PISCINA DE 25 METROS

SENIORES MASCULINOS

	50L	100L	200L	400L	800L	50C	100C	200C	50M	100M	200M
S1	02:13,70	04:42,80	10:07,63			02:09,60	05:02,26		03:19,29		
S2	02:42,26	03:54,53	08:08,63			01:51,37	04:09,69		03:05,29		
S3	01:42,19	03:41,37	07:47,01			02:04,18			02:51,29		
S4	01:18,54	02:44,64	08:01,28			01:18,71			03:31,40		
S5	00:58,38	01:26,79	04:11,22			01:03,95			01:06,43		
S6	00:45,56	01:38,53		07:31,16			01:55,95		00:51,09		
S7	00:47,73	01:41,50		07:36,92			01:58,85		00:50,04		
S8	00:40,63	01:25,58		06:41,20			01:40,98			01:32,57	
S9	00:35,87	01:17,94		06:04,84			01:31,66			01:31,74	
S10	00:36,43	01:18,25		06:04,84			01:29,39			01:29,71	
S11	00:38,79	01:25,85		06:29,14			01:35,98			01:52,28	
S12	00:45,49	01:45,77		08:57,61			01:40,80			02:21,11	
S13	00:39,06	01:22,07		06:09,81			01:48,51			01:30,87	
S14	00:37,56	01:22,99	03:02,63	06:38,09	14:18,00	00:47,46	01:45,38	03:45,99	00:40,70	01:32,36	04:08,30
S15	00:35,28	01:16,85	02:47,33	06:04,43	12:46,93	00:41,12	01:02,97	03:13,80	00:36,99	01:22,14	03:10,60
S16	00:35,43	01:21,89	03:28,43	07:05,29		00:44,10	02:02,78		00:38,75	03:44,00	
S17	00:46,58	01:38,59	03:33,40	07:13,79	14:41,24	00:51,48	01:54,73	04:24,64	00:50,67	02:06,49	04:42,80
S21	00:42,70	01:34,19	03:33,65	08:02,34	17:07,40	00:53,69	01:58,86	04:10,92	00:45,67	01:43,10	04:24,43



	50B	100B	200B
SB1	02:21,32		
SB2	02:07,32		
SB3	02:20,77		
SB4		03:04,16	
SB5		02:24,87	
SB6		02:44,49	
SB7		02:05,13	
SB8		01:49,03	
SB9		01:42,33	
SB10			
SB11		02:10,66	
SB12		02:06,00	
SB13		02:05,64	
SB14	00:55,22	02:02,96	04:19,48
SB15	00:44,79	01:36,39	03:30,62
SB16	00:42,78	01:38,73	
SB17	00:56,78	02:00,92	04:48,32
SB21	00:57,08	02:04,45	04:23,66

	100E	150E	200E
SM1		08:39,51	
SM2		08:25,51	
SM3		08:11,51	
SM4		06:39,14	
SM5			04:41,92
SM6			04:26,62
SM7			04:33,22
SM8			03:28,61
SM9			03:21,92
SM10			03:18,84
SM11			03:45,22
SM12			04:49,09
SM13			03:39,60
SM14	01:45,46		03:52,55
SM15			03:08,72
SM16			03:45,47
SM17	01:53,97		04:00,79
SM21	01:53,02		04:01,50

ESPERANÇAS MASCULINOS

	50L	100L	200L	400L	800L	50C	100C	200C	50M	100M	200M
S1	02:23,25	05:03,00	10:51,03			02:18,85	05:23,85		03:33,53		
S2	03:02,46	04:11,28	08:43,53			01:59,33	04:27,53		03:18,53		
S3	01:49,48	03:57,18	08:20,37			02:13,05			03:03,52		
S4	01:24,15	02:56,40	08:35,66			01:24,33			03:46,50		
S5	01:02,55	02:01,51	04:29,16			01:08,52			01:11,18		
S6	00:48,81	01:45,57		08:03,39			02:04,23		00:54,74		
S7	00:51,14	01:48,75		08:09,55			02:07,33		00:53,61		
S8	00:43,53	01:31,69		07:09,86			01:48,19			01:39,18	
S9	00:38,43	01:23,51		06:30,90			01:38,21			01:38,29	
S10	00:39,03	01:23,84		06:30,90			01:35,78			01:36,12	
S11	00:41,57	01:31,98		06:56,94			01:42,84			02:00,30	
S12	00:48,74	01:53,32		09:36,02			01:48,00			02:31,18	
S13	00:41,85	01:27,93		06:36,22			01:56,26			01:37,37	
S14	00:40,25	01:28,92	03:15,68	07:06,53	15:19,29	00:50,85	01:52,90	04:02,13	00:43,61	01:38,95	04:26,04
S15	00:37,80	01:22,34	02:59,28	06:30,47	13:41,71	00:44,06	01:02,97	03:27,65	00:39,63	01:28,01	03:24,21
S16	00:37,96	01:27,73	03:43,32	07:35,67		00:47,25	02:11,55		00:41,52	04:00,00	
S17	00:49,91	01:45,63	03:48,64	07:44,78	15:44,19	00:55,15	02:02,92	04:43,55	00:54,18	02:15,53	05:03,00
S21	00:45,75	01:40,92	03:48,91	08:36,79	18:20,79	00:57,53	02:07,35	04:28,84	00:48,93	01:50,46	04:43,32



	50B	100B	200B
SB1	02:31,41		
SB2	02:16,41		
SB3	02:30,83		
SB4		03:17,31	
SB5		02:35,22	
SB6		02:56,23	
SB7		02:14,07	
SB8		01:56,82	
SB9		01:49,63	
SB10			
SB11		02:19,99	
SB12		02:15,00	
SB13		02:14,61	
SB14	00:59,16	02:11,75	04:38,01
SB15	00:47,99	01:43,28	03:45,66
SB16	00:45,84	01:45,78	
SB17	01:00,84	02:09,56	05:08,91
SB21	01:01,16	02:13,33	04:42,50

	100E	150E	200E
SM1		09:16,62	
SM2		09:01,62	
SM3		08:46,62	
SM4		07:07,65	
SM5			05:02,06
SM6			04:45,66
SM7			04:52,74
SM8			03:43,52
SM9			03:36,35
SM10			03:33,04
SM11			04:01,31
SM12			05:09,73
SM13			03:55,29
SM14	01:53,00		04:09,16
SM15			03:22,20
SM16			04:01,58
SM17	02:02,12		04:17,98
SM21	02:01,09		04:18,75

SENIORES FEMININOS

	50L	100L	200L	400L	800L	50C	100C	200C	50M	100M	200M
S1	02:27,70	04:56,80	10:21,63			02:23,60	05:16,26		03:33,29		
S2	02:08,04	03:54,53	08:22,63			02:05,37	04:23,69		03:19,29		
S3	01:56,19	03:55,37	08:01,01			02:18,18			03:05,29		
S4	02:50,04	06:04,41	12:03,10			02:48,46			03:20,48		
S5	01:14,75	02:39,35	08:38,53			01:23,40			01:23,29		
S6	01:54,24	03:56,99		17:18,83			04:01,89		01:05,09		
S7	01:28,62	03:09,55		14:09,25			03:27,69		01:04,04		
S8	00:51,35	01:49,91		07:47,31			03:27,69			02:04,33	
S9	00:40,98	01:28,62		06:50,16			01:52,48			01:55,01	
S10	00:47,67	01:40,27		07:35,78			02:00,48			01:49,03	
S11	01:27,00	03:08,75		07:00,00			01:49,98			02:06,28	
S12	00:59,49	01:59,77		09:11,61			02:15,93			02:35,11	
S13	00:53,06	01:36,07		06:23,81			02:02,51			01:44,87	
S14	00:46,62	01:46,55	03:59,47	08:26,63	18:36,36	00:59,58	02:04,25	05:05,79	01:00,76	02:29,35	04:22,30
S15	00:43,23	01:35,30	03:36,54	08:30,89	15:34,93	00:45,32	01:35,16	03:23,60	00:49,97	01:58,16	04:55,83
S16	00:50,81	01:03,49	03:42,43	08:43,29		00:48,30	02:09,78		00:25,20	03:51,00	
S17	01:03,38	02:26,37	07:06,73	07:27,79	17:29,24	01:21,97	03:11,51	08:29,85	00:56,03	02:13,49	04:56,80
S21	00:58,07	02:10,52	04:44,27	10:01,93	20:21,21	01:05,52	02:21,37	05:01,27	01:00,49	02:20,85	05:18,30



	50B	100B	200B
SB1	02:35,32		
SB2	02:21,32		
SB3	03:44,43		
SB4		05:26,23	
SB5		03:27,98	
SB6		02:58,49	
SB7		03:27,66	
SB8		02:38,12	
SB9		01:57,87	
SB10			
SB11		02:24,66	
SB12		02:20,00	
SB13		02:19,64	
SB14	00:59,70	02:14,54	04:53,72
SB15	00:58,42	02:05,58	04:41,72
SB16	00:48,17	01:42,93	
SB17	01:13,09	02:41,71	05:02,32
SB21	01:14,91	02:42,78	05:28,55

	100E	150E	200E
SM1		08:53,51	
SM2		08:39,51	
SM3		08:25,51	
SM4		10:48,45	
SM5			06:37,96
SM6			04:40,62
SM7			08:09,99
SM8			04:40,97
SM9			04:00,53
SM10			04:04,90
SM11			03:59,22
SM12			04:49,09
SM13			03:53,60
SM14	02:01,58		05:12,23
SM15			04:29,84
SM16			03:59,47
SM17	02:00,97		04:07,79
SM21	02:27,22		05:14,13

ESPERANÇAS FEMININOS

	50L	100L	200L	400L	800L	50C	100C	200C	50M	100M	200M
S1	02:38,25	05:18,00	11:06,03			02:33,85	05:38,85		03:48,53		
S2	02:17,19	04:11,28	08:58,53			02:14,32	04:42,52		03:33,53		
S3	02:04,48	04:12,18	08:35,37			02:28,05			03:18,53		
S4	03:02,19	06:30,44	12:54,75			03:00,50			03:30,35		
S5	01:20,09	02:50,73	09:15,57			01:29,36			01:29,24		
S6	02:02,40	04:13,92		18:33,03			04:19,17		01:09,73		
S7	01:34,95	03:23,09		15:09,92			03:42,53		01:08,61		
S8	00:55,02	01:57,77		08:20,68			03:42,53			02:13,22	
S9	00:43,91	01:34,95		07:19,46			02:00,51			02:03,23	
S10	00:51,08	01:47,43		08:08,34			02:09,09			01:56,82	
S11	01:33,21	03:22,23		07:30,00			01:57,84			02:15,30	
S12	01:03,74	02:08,33		09:51,02			02:29,41			02:46,18	
S13	00:56,85	01:42,93		06:51,22			02:11,26			01:52,36	
S14	00:49,95	01:54,17	04:16,57	09:02,82	19:56,10	01:03,84	02:13,13	05:27,63	01:05,10	02:40,02	04:41,04
S15	00:46,32	01:42,10	03:52,01	09:07,38	16:41,71	00:48,56	01:41,95	03:38,14	00:53,54	02:06,60	05:16,97
S16	00:54,44	01:03,49	03:58,32	09:20,67		00:51,75	02:19,05		00:27,00	04:07,50	
S17	01:07,91	02:36,83	07:37,22	07:59,78	18:44,19	01:27,82	03:25,19	09:06,27	01:00,03	02:23,03	05:18,00
S21	01:02,22	02:19,85	05:04,57	10:44,93	21:48,44	01:10,20	02:31,47	05:22,79	01:04,82	02:30,92	05:41,04



	50B	100B	200B
SB1	02:46,41		
SB2	02:31,41		
SB3	04:00,46		
SB4		05:49,53	
SB5		03:42,84	
SB6		03:11,23	
SB7		03:42,49	
SB8		02:49,41	
SB9		02:06,28	
SB10			
SB11		02:35,00	
SB12		02:30,00	
SB13		02:29,61	
SB14	01:03,96	02:24,15	05:14,70
SB15	01:02,59	02:14,55	05:01,85
SB16	00:51,61	01:50,28	
SB17	01:18,32	02:53,27	05:23,91
SB21	01:20,26	02:54,40	05:52,02

	100E	150E	200E
SM1		09:31,62	
SM2		09:16,62	
SM3		09:01,62	
SM4		11:34,77	
SM5			07:06,39
SM6			05:00,66
SM7			08:44,99
SM8			05:01,03
SM9			04:17,72
SM10			04:22,39
SM11			04:16,31
SM12			05:09,73
SM13			04:10,29
SM14	02:10,26		05:34,53
SM15			04:49,11
SM16			04:16,57
SM17	02:09,62		04:25,48
SM21	02:37,74		05:36,57